



"Piedmont Triad Manufacturing Facility News You Can Use!"

Hi, my name is Christine and I have OCD...

Well, who is perfect anyway? Actually I have never been professionally diagnosed as having Obsessive-Compulsive Disorder but I have that suspicion. Let me explain.

My husband Robert (we just celebrated 18 years of mostly blissful marriage, LOL) likes to tell people how I always know if he took a nap that day because I can tell if one pillow on the sofa is out of place. It's true but this has put me in an advantage as an owner of a cleaning company. You see, my undying attention to detail has earned me the reputation among my residential clients that ensured I had plenty of business.

Organization Chart. Now, along with Robert who worked over 20 years in corporate IT, manage mostly manufacturing facility cleaning services here in Winston Salem. More than just routine cleaning, I focus on each of my client's unique needs that I began doing some 16 years ago in residential cleaning. Robert focuses on the administrative and operations side while I focus on marketing our services, hiring, and training. This same attention to detail I practice and teach to our cleaning techs today.

Aside from work. What do I and Robert like to do when we're not busy running our business? We have a beautiful 4 year old daughter named Chula (a 4 lbs. four-legged Maltese) that gives back way more than we give her. We also enjoy volunteering in the local Spanish community teaching principals from the Bible that enrich all our lives.

We are excited to give back to our community along with our employees in the WS Adopt-a-Park program and welcome any of our customers, prospective customers, vendors, and employee family and friends as we throw some meat on the grill and grab a trash bag and pick up litter in the park. Someone brings a basketball or soccer ball. We have some ridiculously funny contests and everyone feels loved. Ask us about our next Burgers, Brats, and Basketball event and join us.

Chronotek - timekeeping system with a pulse!

What you know is surely important, but maybe more critical is how soon you know it. Knowing that bad weather is coming is much better than knowing that it came and went.

In our ongoing effort to bring value to the services we provide YOU, our loyal customers, we are proud to announce that we have partnered with Chronotek. A company based here in NC, Chronotek has been in business since 1996 providing a hosted web-based service that allows managers to track and report remote worker's time and attendance. The importance of access to LIVE data is best described in the following example...

A supervisor reviews handwritten timesheets and notices shift times at job sites that causes concern. He knows that a good clean time for a particular customer is 2 hours a night, yet the clock in, clock out times shows work done in a little over an hour for several nights the week before. There was no way the quality of the work was good, but that was a week ago. Now with Chronotek he identifies these events live as they happen. He monitors clock in, clock outs on his mobile app, and if he notices something odd like a quick cleaning, he will immediately call the employee to inquire.

What's more, text alerts are sent to supervisors for late-arrival or no-shows for timely and proactive resolution before the next day arrives. Computed hours flow into payroll and invoicing for accurately tracking labor costs while reducing human error.

These features and more are critical to All Washed Up Cleaning continuing to provide the very best in quality services for your facility. Just as a doctor relies on his finger to the PULSE to quickly diagnose a patient's health, information is often only as good as the speed in which it's delivered.

Five things to know BEFORE inviting a contractor into your business at www.AllWashedUpCleaning.com



I hope you enjoy this month's newsletter!

Christine Hall, President
All Washed Up Cleaning, LLC

The Dog Who Owned the Mail

He was a likable, stray border terrier who had two hobbies: He liked to travel and he liked mail bags.

It all started in 1888 in Albany, NY, when the dog showed up at a post office and was adopted by the postal workers. They noticed Owney liked to sleep on mail bags and one other thing: Owney was friendly toward postal workers but he was decidedly unfriendly to non-postal workers.

The talent was a useful one as Owney traveled from one post office to another, guarding mail bags in return for food and water. Once, a mail bag fell off a train and Owney stayed with the bag until a worker came back for it.

An 1893 book by Cushing Marshall has this description: "The terrier 'Owney' travels from one end of the country to the other in the postal cars, tagged through, petted, talked to, looked out for, as a brother, almost. But sometimes, no matter what the attention, he suddenly departs for the south, the east, or the west, and is not seen again for months."

Albany postal workers worried when Owney disappeared for months. They had a special collar made with the address of the Albany Post Office, just so he could be identified.

At the various post offices he visited, Owney got a new tag clipped to his collar until finally he jingled loudly with every step.

The circumstances of Owney's death are disputed. But all agree he was put down June 11, 1897.

He is still honored at the Smithsonian National Postal Museum in Washington, DC, where 397 of his



models and tags are on display

... someone with a facility that could use our services? Perhaps a colleague, friend, family member, or networking buddy?

When a new client signs up for commercial cleaning services at your recommendation; you will receive \$100!

Give them our name and phone number. Be sure to have them mention your name when they call so we can send your \$100 Bonus!

*Did you know about our **24-Hour NO PAY Guarantee** ?*

Visit www.AllWashedupCleaning.com for details

“Our office was in desperate need of a deep cleaning. A team from All Washed Up came in and cleaned everything from air vents to the microwave. They were very professional and worked around our busy schedule. We were so pleased with them, we hired them to come in once a week and clean. I would recommend them to anyone.”

*Joylynn
Call-A-Nurse*

Witch Trials Begin

Life wasn't easy in Salem Village, Mass., in 1692. Smallpox had ravaged the village. Native American tribes threatened attacks. A recent British war made commodities scarce. Residents already had plenty to fear when a group of young girls conjured up witches amongst the villagers, according to history.com.

Two girls began having screaming fits and convulsions earlier that year. After a doctor diagnosed bewitchment, other girls began having the same symptoms. And thus began the search for witches which quickly focused on three easy targets: an unpopular resident, a beggar woman, and a slave.

By May 1692, there were trials and on June 2, 1692, the first death sentence was handed out to the unpopular resident.

In all, about 150 men, women and children were accused of witchcraft until the hysteria abated and, by September 1692, public opinion turned against the trials.

Interestingly, a study in 1976 published in Science magazine speculated that the girls might have had convulsions because of a fungus found in cereals. Toxicologists say the fungus can cause delusions, vomiting and muscle spasms.



“Have you ever thought of having yourself digitally restored?”

Failing Until Successful

Most people have heard the story of Thomas Edison and his brilliant invention of the light bulb. According to the tale, Edison went through 1,000 failures before he found a successful prototype. When asked how it felt to fail that many times, Edison replied, "The light bulb was an invention with 1,000 steps."

Success magazine takes a look at this story and how failure is a constant companion to many successful people. The reason that successful people experience many failures, is that the passion inside them drives them to take chances and do things that aren't sure to work. While it might seem noble to operate under the idea that failure is not an option, this attitude could be a critical error.

Failure teaches lessons. Each step a person takes out of his/her comfort zone is a step into uncertainty. There might not be a plan. The person might have to react, think on their feet, and develop the plan as they go.

If they experience failure, that person has learned one way how not to accomplish the goal they set out to reach. In the long run, this knowledge can help provide more direction on the next attempt. As the person fails over and over again, they will often get closer to their goal over time until they finally reach it.

Willingness to embrace failure for its positive benefits is a trait many people are not interested in developing because they are often afraid to show themselves or others that they are capable of failing.

Becoming Fearless. For a person who values success, it is crucial to become fearless in the pursuit of success. Progressive companies like Intuit, General Electric, Corning, and Virgin Atlantic have all maintained that great success depends on great risk. Failure is simply a common by-product of the pursuit of success.

In fact, today's post-recession economy has seen employers actively seeking job candidates that have a track record of great failures as well as great successes. At least they know they will try.

Trivia Teaser – Pig in a Poke

1. Which nursery rhyme character was a pig thief? a-Little Boy Blue, b-Little Jack Horner, c-Tom, Tom the Piper's Son, d-Georgie Porgie.

2. The Bay of Pigs Invasion was a failed attempt to oust which world leader? a-Mao Tse-tung, b-Pol Pot, c-Mobutu Sese Seko, d-Fidel Castro.

3. If you are eating pig's trotters, which part of the pig are you feasting on? a-Feet, b-Tongue, c-Stomach, d-Head.

4. Ralph, Jack, and Piggy are central characters fighting for survival in which novel? a-"Lucky Jim," b-"Heart of Darkness," c-"Catcher in the Rye," d-"Lord of the Flies."

5. Pig iron is usually quite brittle because it contains a high content of which element? a-Sulphur, b-Lead, c-Carbon, d-Tungsten.

6. Inflatable flying pigs were props seen at live shows by which band? a-The Rolling Stones, b-Pink Floyd, c-Led Zeppelin, d-The Grateful Dead.

7. What was the name of the old pig who called for the meeting of the animals at the beginning of George Orwell's "Animal Farm"? a-Major, b-Boxer, c-Snowball, d-Napoleon.

8. Which role in the Christmas play was given to Pigpen in "A Charlie Brown Christmas"? a-Innkeeper, b-Shepherd, c-Angel, d-Joseph.

9. More than half of the pigs in the world are living in what country with an apparently insatiable appetite for pork? a-Spain, b-China, c-Turkey, d-Germany.

10. What was the name of the lovable pig in the children's book "Charlotte's Web"? a-Oliver, b-Fred, c-Wilbur, d-Templeton.

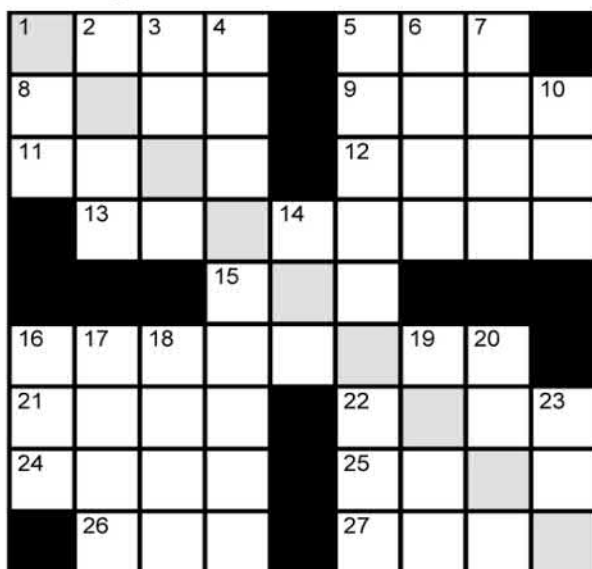
1-c, Tom, Tom the Piper's Son
2-d, Fidel Castro
3-a, Feet
4-d, "Lord of the Flies"
5-c, Carbon
6-b, Pink Floyd
7-a, Major
8-a, Innkeeper
9-b, China
10-c, Wilbur

Answers to 'Pig in a Poke'

Sun highs and lows

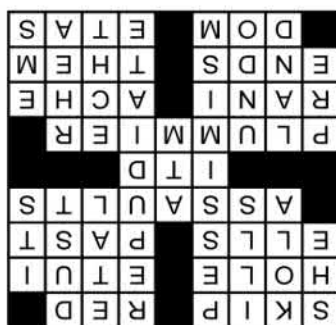
Across

1. Bypass
5. Bloodshot
8. Pocket problem
9. Needle case
11. Building additions
12. Future's opposite
13. Military attacks
15. "___ be an honor"
16. More desirable
21. Hindu princess
22. Be sore
24. Concludes
25. Opponents
26. ___ Perignon
27. Fraternity letters



Down

1. Any boat, affectionately
2. Kind of nut
3. Misfortunes
4. Dark attitude
5. Disavow
6. Abbr. at the end of a list
7. Clean the furniture
10. "___ De-Lovely"
14. 20's dispenser
16. Grand ___, Nova Scotia
17. Touch down
18. Annul
19. Genuine, in Germany
20. Perlman of "Cheers"
23. Dash lengths



The headline is a clue to the answer in the diagonal.

Sit Right There!

Long hours at a computer can be a pain -- in the shoulders, back and wrists. Health advisors at the Mayo Clinic studied the various ergonomic factors involved in working with a computer.

Chair: It should have adjustable armrests, height, lumbar support and seat depth.

Footrest: If desk or chair adjustments don't allow for keeping feet flat on the floor, use a footrest. A stack of sturdy books can fill the need.

Monitor: Placed at arm's length and directly in front of you. If you wear bifocals put the top of the screen slightly below eye level.

Arm and wrist: When typing or using your mouse, keep your wrists straight and upper arms close to your body.

Desk: Should be high enough so knees and thighs have clearance underneath the desk.

Mouse and keyboard: They should be within easy reach, side by side on the same desk surface. Use a standard size keyboard. If you don't need the keyboard number pad, select a keyboard without it. The saved desk space allows closer placement of the mouse to the actual keyboard area.

When choosing a mouse, fit it into your hand. Roller ball models may be more comfortable and require only movement of the fingers. An optical mouse requires movement of the entire arm.



All Washed Up Cleaning, LLC

PO Box 20642
Winston Salem, NC 27120
(336) 682-6983
www.allwashedupcleaning.com

Commercial Cleaning

Your New Issue of *News Splash* as Arrived!

*I share a little about myself
and our company (page 1)...*

PLUS: *Is anyone really
monitoring the cleaning staff
in your building? (page 1)*

To:

Personality Sells

Personality, not competence, is what employers want, according to Global Learning Institute, Hyper Island.

The institute found that 78 percent of a survey's respondents said personality was the most important quality in a new hire. Only 39 percent said competence. Companies wanted employees to be likeable, adaptable and collaborative, according to the Society of Human Resources Management.

Staff Members Making the News

We are happy to give a shout out to **Joy London**, who's been doing an AWESOME job with us as a day porter at one of our clients' facilities. Joy brings a wealth of experience including being a training instructor for a previous janitorial company. In her spare time, Joy enjoys reading and outdoor activities with her 4 year old daughter, Chyenne. "I appreciate being a part of a team where we share a productive work ethic!" "This opportunity was more than I could ask for", says Joy. We feel the same way and appreciate her GREATLY!!! Congratulations on a job well done and keep up the good work!!!

My father didn't tell me how to live; he lived, and let me watch him do it.

~Clarence B. Kelland

Did you find value in this **NEWS SPLASH?**

Please "Like" our Facebook page and
write a recommendation

[Facebook.com/AllWashedUpCleaningLLC](https://www.facebook.com/AllWashedUpCleaningLLC)

All Washed Up Cleaning, LLC
(336) 682-6983
www.AllWashedUpCleaning.com

Take the Trivia Challenge and Win a \$25 Gift Card to Applebee's!

The first 5 people who call our office with the correct
answer will be entered into the drawing!

How many people were accused of witchcraft in 1692?

- a. 100
- b. 150
- c. 200
- d. 250

HINT: The answer is hidden somewhere in this newsletter.